

# Cloverbud Family Fun

Coaching Parents and Youth to Team Up for a Healthy Lifestyle

*Open to parents/caregivers  
with Cloverbud Youth.  
(ages 5-8)*



*Space is Limited...*  
**Sign Up Today!**

Join us in Eating Smart and Being Active, for four family fun filled evenings.

Each week we will prepare an easy, low cost meal and have fun activities for your family to enjoy.

Participants will also get **free** kitchen utensils, handy kitchen gadgets, fun games and activity equipment to use at home.

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**Tuesdays 5:30 – 8:00 p.m.**  
**September 1, 8, 15, 22**

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OSU Extension Office  
111 South 4<sup>th</sup> Street Ironton, OH 45638

**FREE**

Register Now  
or Call  
(740) 533-4322

\*Parent/Caregiver must attend with youth.



**THE OHIO STATE UNIVERSITY**

COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES



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