



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19  Be Positive – avoid Negativity	20	21	22	23	24	25
26  Plant a vegetable, fruit or herb	27	28	29	30	May 1	2
3  Find out where Local Foods are available	4	5	6	7	8	9
10	11 – Remember to take the Post Challenge Survey					

**EMAIL or FAX results to: Treva Williams – [williams.973@osu.edu](mailto:williams.973@osu.edu) or 740-354-7879 (fax) by May 15<sup>th</sup>**